

AIR MAIDEN



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LADIES ONLY FREERIDE EVENT SATURDAY 4TH AND SUNDAY 5TH OCTOBER ENTRY FORM

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| NAME | |
| ADDRESS | |
| POSTCODE | |
| DATE OF BIRTH | |
| EMAIL & MOBILE | |
| HOME TELEPHONE | |
| EMERGENCY CONTACT | |
| EVENT INSTRUCTIONS | <ol style="list-style-type: none"> 1. Sign on Saturday morning at 9.30 am in Buzzard's Nest car park 2. Coaching clinics will aim to start at 10.30 am and finish at 3pm 3. Protective helmet must be worn at all times 4. Leg armour and or elbow protection is advised, but not compulsory 5. Always take your own and the safety of others into consideration 6. Please take your litter home with you 7. Air Maiden sign on is at 11.00 am on Sunday 8. Competition will run from noon till approx 3.00 pm |

Please send completed forms and cheques for £40 made payable to "Scottish Women's Downhill Development" to Lesley Wood, 50 Holmhead Road, Cathcart, GLASGOW, G44 3AR

For further information on this event please call Lynne Aitchieson on 07853363090

DISCLAIMER

I hereby agree that by participating in the event above, I, or my parent/guardian accept that neither the organisers, nor any of their associates or fellow competitors shall be liable in any way for damage or injury that I may suffer during or as a result of taking part in this event. I will abide by the rules and agree that I participate entirely at my own risk and that I will ride in a manner that is safe to myself and others.

Signed Date